

# Peers : Link to HOPE & CommUNITY Adult Mental Health

PROMOTING HOPE AND WELLNESS FOR ALL

## Dates of training:

Monday June 6th-Friday  
June 10th and  
Monday June 13th-Friday  
June 17th

(Friday June 17th is  
graduation day and  
supporters of trainees are  
welcomed to attend at noon)

## Time of training

8:00-4:30 daily. Lunch is  
provided on site.

## Location of training

St. John's Episcopal  
Church  
1111 Cooper Ave South  
St. Cloud, MN

## Cost of training

Training is free. Expenses  
for lodging, mileage, and  
daily lunch is also covered  
by the CommUNITY Adult  
Mental Health Initiative.

## Lodging

A block of rooms are  
available at the  
Holiday Inn & Suites,  
75 37th Ave South,  
St. Cloud, MN  
320-253-9000  
Must reserve by May 20th

## To Qualify to Attend

Please email your request  
for an application (see on  
right) or visit the  
[www.dhs.state.mn](http://www.dhs.state.mn)  
website. **Applications  
must be received by  
May 15 to be considered.**

## Certified Peer Specialist Training Opportunity

*Do you have a mental illness diagnosis? Are you looking for employment?*

Vocational training opportunity for adults with first-hand experience  
living a mental illness diagnosis to get trained as  
a Certified Peer Specialist.

## The Role of a Certified Peer Specialist is to:

- \* Inspire hope that recovery from mental illness is not only possible, but probable
- \* Provide opportunities for people using mental health service to practice self-efficacy, through activities that emphasize that acquisition, development, and enhancement of skills needed to move forward in mental health recovery.
- \* Promote empowerment and self-determination.
- \* Build relationships based on mutuality and shared – perspective.
- \* Deepen the treatment teams' understanding of the experience of being a mental health consumer.

## To qualify to attend this vocational training\*:

- \* Be at least 21 years of age;
- \* Have a GED, high school diploma or equivalent;
- \* Have or have had a primary diagnosis of mental illness;
- \* Be a current or former consumer of mental health services;
- \* Demonstrate ability to utilize his or her own lived experience of recovery (as defined by that person) to inspire recovery in the lives of Peers; and
- \* Have a goal of going to work (paid employment) as a Certified Peer Specialist; and have the reading and writing skills needed to complete the academic work in training or the ability to utilize reasonable accommodations to do the same.
- \* Have the ability to make accommodations in personal and professional life to successfully attend and commit to this 2-week, 80 hours training. Trainees will not receive payment to attend the training from CommUNITY Initiative.

## To apply to attend this training or learn more about it:

Contact Judy Benham—Peers: Link to HOPE Initiative  
(218)910-6223 or email: [jbenham@northlandcounseling.org](mailto:jbenham@northlandcounseling.org)

Spots are limited to 20. Priority will be given to qualified applicants from Benton, Stearns, Wright, and Sherburne County residents as part of the CommUNITY Adult Mental Health Initiative.

\*Training does not guarantee employment.